## THE

## HUNTINGTON ๕ LANGHAM <br> ESTATE

Sample Winter Menu


## THE <br> HUNTINGTON $\mathbb{G}$ LANGHAM

ESTATE
Delicious and appetising meals are prepared in our fully equipped and modern kitchen using fresh local ingredients and seasonal produce wherever possible. There is a varied menu with a choice of dishes. Menus are provided daily for residents to select their preferred courses.

A pre-luncheon sherry or fruit juice is offered both in the lounge or your room to stimulate appetites and is also an opportunity for residents to meet and socialise with each other. Although meal times are set, residents can choose when to eat at a reasonable time acceptable to them and the Chef.

Hot and cold drinks and snacks are available 24 hours a day.

Our trained chefs prepare nutritionally balanced dishes to a very high standard. We achieve this by listening to what our residents want and providing ongoing training and support to our staff.


## Sample Lunch menu

Soup Of The Day

*     *         * 

Chicken Tikka Curry Or
Sausages \& Onions
Served With
Mashed Potatoes
or Rice \&
Seasonal Vegetables

*     *         * 

Dessert
Apple Strudel

Soup Of The Day

*     *         * 

Beef Bourgeon Or
Liver \& Bacon Served With Rice or Mashed Potatoes \&
Seasonal Vegetables * * *

Dessert
Baked Apples

Soup Of The Day

*     *         * 

Lunch
Fish of the Day

Served With Chips Or
Mashed Potatoes
\& Seasonal Vegetables

*     *         * 

Dessert
Banana Custard

## Sample supper menu

Bubble \& Squeak with Crispy Bacon Or
Cheese On Toast
Served With Chef's Salad * * *

Dessert Semolina * * *

Poached Eggs on Toast Or
Quiche Lorraine
Served With Cheff's Salad

Chicken Goujons or
Feta \& Beetroot Salad Served With Chef's Salad

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*     *         * Dessert <br> Cabinet Pudding <br> * * *
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Lighter meal options are available on request and we also cater for special diets, e.g. gluten free, vegetarian and diabetic

## Alternative Meal Choice

Eggs - Scrambled or Omelettes
Baked Potato with Tuna, Grated Cheese, Prawn Cocktail, Beans in Tomato Sauce or Mushrooms

Salmon Fillet or Scampi


