ESTATE

Sample Winter Menu



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Delicious and appetising meals are prepared in our fully equipped and modern kitchen using fresh local ingredients and seasonal produce wherever possible. There is a varied menu with a choice of dishes. Menus are provided daily for residents to select their preferred courses.

A pre-luncheon sherry or fruit juice is offered both in the lounge or your room to stimulate appetites and is also an opportunity for residents to meet and socialise with each other. Although meal times are set, residents can choose when to eat at a reasonable time acceptable to them and the Chef.

Hot and cold drinks and snacks are available 24 hours a day.

Our trained chefs prepare nutritionally balanced dishes to a very high standard. We achieve this by listening to what our residents want and providing ongoing training and support to our staff.









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Sample Lunch menu

Soup Of The Day

Chicken Tikka Curry
Or

Sausages & Onions Served With

Mashed Potatoes

or Rice &

Seasonal Vegetables

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Dessert
Apple Strudel

Soup Of The Day

Beef Bourgeon

Or

Liver & Bacon

Served With Rice or

Mashed Potatoes &

Seasonal Vegetables

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Dessert Baked Apples Soup Of The Day

Lunch
Fish of the Day

Served With Chips Or Mashed Potatoes & Seasonal Vegetables

> Dessert Banana Custard

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Sample supper menu

Bubble & Squeak with Crispy Bacon Or

Cheese On Toast Served With Chef's Salad

> Dessert Semolina

> > * * *

Poached Eggs on Toast
Or
Quiche Lorraine
Served With Chef's Salad

Dessert Tiramisu Chicken Goujons or Feta & Beetroot Salad Served With Chef's Salad

Dessert
Cabinet Pudding









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Lighter meal options are available on request and we also cater for special diets, e.g. gluten free, vegetarian and diabetic

Alternative Meal Choice

Eggs - Scrambled or Omelettes

Baked Potato with Tuna, Grated Cheese, Prawn Cocktail, Beans in Tomato Sauce or Mushrooms

Salmon Fillet or Scampi

Various Sandwiches

Miscellaneous
Pasta – with Butter, Cheese or Both

Fruit Jellies







